



The Foot Clinic, LLC

Ali Davis, D.P.M. F.A.C.F.A.S.

Board Certified in Foot and Ankle Surgery and Wound Care

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SHOE RECOMMENDATIONS

2026

Exercise / Walking / Running Stability

HOKA- Clifton, Arahi, Clifton 10, Bondi 9
Skechers Go Run
On Cloud
Brooks Revel 8, Glycerin, Ghost
Saucony Guide 18
Adidas Ultra Boost
Asics Ge, Nimbus
New Balance Fresh Foam and others
Orthofeet
Keen
Kuru
Taos

Tennis/Pickleball Shoes

Asics
KSwiss
Adidas

Hiking Boots

Merrell Moab
Columbia
Ariat
Saloman
HOKA
Keen

Shoes to pick if you're not on a budget:

Mephitos

Womens winter boots:

Alegria
Sorel
Uggs
Clarks
Columbia

Plantar Fasciitis

HOKAS (not great for age >70)
OOFOS
Birkenstocks
HOKA recovery slides
Chacos

Flatfoot

New Balance
Kiziks alpha trainers
Nike Air
KSwiss
HOKA

Hands Free slip On

Kizik Athens
Ryka
Sandels
Teva
Keen
Chacos

Over for more 

Workboots:

Brunt Marin 90 degree Heel Comp
Carolina
Merrell Moab Speed 2
Red Wing
Keen
Irish Setter
Timberland
Ariat
Orthofeet
CAT
Skechers
Wolverine
Carrhart

Clogs/Nursing/Doctor shoes:

Alegria clogs
Haflingers
Dansko
Chacos

Slippers, house shoes:

Oofos recovery slides
Teva
Birkenstocks
Orthofeet
Vionic
Haflingers
Rock Dove

AFO friendly shoes- for foot drop/paraplegia

Billy Shoes

Shoes to pick if you are on a tight budget or if you are just tight- but are still noteworthy

KSwiss
Adidas Under Armor Mens Charged Assert 10
Skechers