



The Foot Clinic, LLC

Ali Davis, D.P.M. F.A.C.F.A.S.

Board Certified in Foot and Ankle Surgery and Wound Care

Dr. Ali Davis, DPM
4601 W 109th St, Ste 314
Overland Park, KS 66211
Ph: (913) 364-1314

SHOE RECOMMENDATIONS

2024

Exercise / Walking / Running Stability

New Balance: 860 and Vongo

Asics: Kayano

Hoka: Arahi and Bondi

Brooks: Adrenaline and Glycerin GTS

Saucony: Guide and Tempus

Puma: Forever Run

Altra: Paradigm

ON: Cloudflyer and Cloudrunner

Mizuno: Wave Inspire

Cross Trainers

Saucony: Freedom Crossport

Exercise walking/running Neutral

New Balance: 1080 and 880

Asics: Cumulus, Novablast and Nimbus

Hoka: Clifton and Mach

Brooks: Ghost, Ghost Max, Glycerin

Saucony: Ride and Triumph

Puma: Velocity, Deviate and Magnify

Altra: Escalante, Torin, Rivera and Olympus

ON: Cloudgo, Cloudsurfer and Monster

Mizuno: Wave Rider and Wave Sky

Sandals with Built-In Arch Support

Oofos

Archies

Birkenstocks (available at Mission, Barry Rd, Lee's Summit locations)

Socks

Features: Max Cushion, Ultra-Light, Light

Cushion Plantar Fasciitis. Max Cushion

Smart Wool: Max Cushion and Ultra-Light

Swiftwick: Max Cushion and Ultra-Light

Balega: Ultraglide, Sliver, and Hidden Comfort

Zensah: Tech + Compression

OS1st: Bunion Relief Socks

Trail Run / Walking / Light Hiking

Altra: Lone Peak

Hoka: Speedgoat

The Running Well Store Locations

Mission

6009 Johnson Dr

Mission KS 66202

(913) 400-2013

Kansas City North

6040 NW Barry Rd

Kansas City MO 64154

(816) 741-8800

Martin City

200 E 135th St

Kansas City MO 64154

(816) 437-9839

Lee's Summit

418 Rte 291

Lee's Summit MO 64063

(816) 600-2688